

**Jingle Bell Rock Classic - 12/4/2016**  
**Psych Sheet**

**Event 1 Mixed 200 Yard Medley Relay**

Team	Relay	Seed Time
1 POWM	X55 A	2:30.00

**Event 2 Women 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Hevener, Jessie E	19	POWM	2:04.00
2 Phillips, Alice	51	POWM	2:30.00
3 Pace, Austyn C	35	POWM	2:30.48
4 Cook, Amy	49	WWMS-SI	2:37.21
5 Kitt, Michelle	42	POWM	3:30.00
6 Herman, Heather F	34	POWM	4:00.00
7 Paulk, Courtney	47	POWM	NT
8 Vaughan, Mason	32	UNAT	NT

**Event 3 Men 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Limkemann, Eric	34	POWM	1:50.50
2 Sushkoff, George	51	UNAT	2:08.00
3 Franceschini, Kevin	51	UNAT	2:10.00
4 Dash, Randy	41	POWM	2:20.00
5 Hochstein, Joshua	39	POWM	2:21.15
6 Fisher, Jim	46	QMST-12	2:30.00
7 Stauffer, Richard A	61	POWM	2:40.00
8 Volles, Eric	46	POWM	2:40.00
9 Palmer, Michael	54	TMAS-12	2:40.00
10 Upchruch, Mike	51	PIR8T	2:40.00
11 Dunbar, Craig	53	POWM	2:45.00
12 Mathews, Mike	53	POWM	3:20.00
13 Lilley, Brian	35	POWM	3:30.00
14 Klammer, Manny	66	POWM	NT

**Event 4 Women 100 Yard IM**

Name	Age	Team	Seed Time
1 Hevener, Jessie E	19	POWM	1:09.14
2 Rechel, Margaret	25	VMST-12	1:10.00
3 Dudley, Mariah V	29	VMST-12	1:16.14
4 Pace, Austyn C	35	POWM	1:19.42
5 Dalton, Alicia	47	UNAT	1:24.00
6 Cook, Amy	49	WWMS-SI	1:24.07
7 Kitt, Michelle	42	POWM	1:30.00
8 Phillips, Alice	51	POWM	1:30.00
9 Turner, Jenna	37	TMAS-12	1:37.00
10 Herman, Heather F	34	POWM	2:30.00
11 Vaughan, Mason	32	UNAT	NT

**Event 5 Men 100 Yard IM**

Name	Age	Team	Seed Time
1 Burton, Brad	32	DDP-12	1:00.00
2 Limkemann, Eric	34	POWM	1:00.00
3 Dash, Randy	41	POWM	1:05.00
4 Wetzal, Eric E	31	UNAT	1:05.00
5 Sushkoff, George	51	UNAT	1:06.00
6 Bamford, Sherman	51	VMST-12	1:44.77
7 Dunbar, Craig	53	POWM	1:50.00
8 Hochstein, Joshua	39	POWM	NT
9 Myers, Matthew	36	UNAT	NT

**Event 6 Women 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Rechel, Margaret	25	VMST-12	26.00
2 Hevener, Jessie E	19	POWM	28.00
3 Kitt, Michelle	42	POWM	29.48
4 Pace, Austyn C	35	POWM	29.72
5 Gibbs, Ashley	36	UNAT	31.59
6 Phillips, Alice	51	POWM	35.00
7 Prom-Wormley, Elizabeth	40	POWM	37.00
8 Johnson, Betty Anne A	65	POWM	46.79
9 Herman, Heather F	34	POWM	55.00
10 Paulk, Courtney	47	POWM	NT
11 Vaughan, Mason	32	UNAT	NT
12 Cook, Amy	49	WWMS-SI	NT

**Event 7 Men 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Holsten, Brent	45	VMST-12	23.00
2 Limkemann, Eric	34	POWM	24.00
3 Wetzal, Eric E	31	UNAT	25.00
4 Franceschini, Kevin	51	UNAT	25.90
5 Dash, Randy	41	POWM	26.00
6 Sushkoff, George	51	UNAT	27.00
7 Michael, Wythe	49	POWM	28.00
8 Galasso, Mike	30	DDP-12	29.00
9 Palmer, Michael	54	TMAS-12	29.38
10 Dunbar, Craig	53	POWM	30.00
11 Lilley, Brian	35	POWM	30.00
12 Upchruch, Mike	51	PIR8T	30.00
13 Mathews, Mike	53	POWM	40.00
14 McAleer, Pat M	51	POWM	40.00
15 Volles, Eric	46	POWM	40.00
16 Myers, Peter	56	POWM	55.00
17 Carpenter, Marcus	43	POWM	1:00.00
18 Hochstein, Joshua	39	POWM	NT
19 Myers, Matthew	36	UNAT	NT

**Event 8 Women 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Geroni, Deidre	25	UNAT	1:05.00
2 Hevener, Jessie E	19	POWM	1:10.00
3 Pace, Austyn C	35	POWM	1:28.09
4 Cook, Amy	49	WWMS-SI	1:29.35
5 Kitt, Michelle	42	POWM	1:35.00
6 Phillips, Alice	51	POWM	1:45.00
7 Vaughan, Mason	32	UNAT	NT

**Event 9 Men 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Burton, Brad	32	DDP-12	59.00
2 Limkemann, Eric	34	POWM	59.00
3 Sushkoff, George	51	UNAT	1:09.00
4 Dash, Randy	41	POWM	1:10.00
5 Dunbar, Craig	53	POWM	2:15.00
6 Hochstein, Joshua	39	POWM	NT

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**Event 10 Women 50 Yard Backstroke**

Name	Age	Team	Seed Time
1 Hevener, Jessie E	19	POWM	33.04
2 Rechel, Margaret	25	VMST-12	34.00
3 Brink, Opal E	21	QMST-12	35.00
4 Dudley, Mariah V	29	VMST-12	35.00
5 Pace, Austyn C	35	POWM	36.40
6 Kitt, Michelle	42	POWM	40.00
7 Phillips, Alice	51	POWM	40.00
8 Turner, Jenna	37	TMAS-12	47.42
9 Prom-Wormley, Elizabeth	40	POWM	52.00
10 Herman, Heather F	34	POWM	1:00.00
11 Johnson, Betty Anne A	65	POWM	1:00.63
12 Vaughan, Mason	32	UNAT	NT
13 Cook, Amy	49	WWMS-SI	NT

**Event 11 Men 50 Yard Backstroke**

Name	Age	Team	Seed Time
1 Limkemann, Eric	34	POWM	28.00
2 Holsten, Brent	45	VMST-12	28.00
3 Sushkoff, George	51	UNAT	31.00
4 Franceschini, Kevin	51	UNAT	31.90
5 Dash, Randy	41	POWM	35.00
6 Lilley, Brian	35	POWM	40.00
7 Stauffer, Richard A	61	POWM	42.00
8 Dunbar, Craig	53	POWM	1:00.00
9 Myers, Peter	56	POWM	1:05.00
10 Carpenter, Marcus	43	POWM	1:30.00
11 Hochstein, Joshua	39	POWM	NT
12 Myers, Matthew	36	UNAT	NT

**Event 12 Women 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Rechel, Margaret	25	VMST-12	57.00
2 Hevener, Jessie E	19	POWM	59.00
3 Geroni, Deidre	25	UNAT	1:00.00
4 Dudley, Mariah V	29	VMST-12	1:02.63
5 Brink, Opal E	21	QMST-12	1:03.00
6 Pace, Austyn C	35	POWM	1:06.76
7 Kitt, Michelle	42	POWM	1:10.00
8 Cook, Amy	49	WWMS-SI	1:11.28
9 Dalton, Alicia	47	UNAT	1:18.00
10 Phillips, Alice	51	POWM	1:20.00
11 Johnson, Betty Anne A	65	POWM	1:47.08
12 Herman, Heather F	34	POWM	1:50.00
13 Paulk, Courtney	47	POWM	NT
14 Gibbs, Ashley	36	UNAT	NT
15 Vaughan, Mason	32	UNAT	NT

**Event 13 Men 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Limkemann, Eric	34	POWM	51.00
2 Burton, Brad	32	DDP-12	57.00
3 Franceschini, Kevin	51	UNAT	57.80
4 Dash, Randy	41	POWM	59.00
5 Sushkoff, George	51	UNAT	59.00
6 Galasso, Mike	30	DDP-12	1:05.00
7 Fisher, Jim	46	QMST-12	1:05.00

8 Hochstein, Joshua	39	POWM	1:05.30
9 Upchruch, Mike	51	PIR8T	1:09.00
10 Michael, Wythe	49	POWM	1:10.00
11 Dunbar, Craig	53	POWM	1:15.00
12 Stauffer, Richard A	61	POWM	1:15.00
13 Volles, Eric	46	POWM	1:20.00
14 McAleer, Pat M	51	POWM	1:25.00
15 Bamford, Sherman	51	VMST-12	1:29.00
16 Lilley, Brian	35	POWM	1:30.00
17 Mathews, Mike	53	POWM	1:30.00
18 Carpenter, Marcus	43	POWM	2:00.00
19 Klammer, Manny	66	POWM	2:00.00
20 Myers, Matthew	36	UNAT	NT

**Event 14 Women 500 Yard Freestyle**

Name	Age	Team	Seed Time
1 Hevener, Jessie E	19	POWM	5:25.00
2 Pace, Austyn C	35	POWM	6:56.91
3 Phillips, Alice	51	POWM	7:00.00
4 Kitt, Michelle	42	POWM	8:00.00
5 Paulk, Courtney	47	POWM	NT
6 Vaughan, Mason	32	UNAT	NT
7 Cook, Amy	49	WWMS-SI	NT

**Event 15 Men 500 Yard Freestyle**

Name	Age	Team	Seed Time
1 Limkemann, Eric	34	POWM	5:00.00
2 Sushkoff, George	51	UNAT	5:46.00
3 Hochstein, Joshua	39	POWM	6:25.88
4 Dash, Randy	41	POWM	6:30.00
5 Fisher, Jim	46	QMST-12	6:45.00
6 Stauffer, Richard A	61	POWM	6:50.00
7 Dunbar, Craig	53	POWM	7:30.00
8 Mathews, Mike	53	POWM	8:45.00

**Event 16 Women 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Hevener, Jessie E	19	POWM	36.66
2 Rechel, Margaret	25	VMST-12	38.00
3 Dalton, Alicia	47	UNAT	42.00
4 Gibbs, Ashley	36	UNAT	42.32
5 Cook, Amy	49	WWMS-SI	43.13
6 Kitt, Michelle	42	POWM	45.00
7 Pace, Austyn C	35	POWM	46.49
8 Brink, Opal E	21	QMST-12	48.00
9 Phillips, Alice	51	POWM	50.00
10 Prom-Wormley, Elizabeth	40	POWM	50.00
11 Herman, Heather F	34	POWM	1:15.00
12 Vaughan, Mason	32	UNAT	NT

**Event 17 Men 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Holsten, Brent	45	VMST-12	31.00
2 Wetzel, Eric E	31	UNAT	32.00
3 Limkemann, Eric	34	POWM	35.00
4 Sushkoff, George	51	UNAT	36.00
5 Palmer, Michael	54	TMAS-12	39.00
6 Dash, Randy	41	POWM	40.00
7 Lilley, Brian	35	POWM	40.00

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**Event 17 ... (Men 50 Yard Breaststroke)**

	Name	Age	Team	Seed Time
8	McAleer, Pat M	51	POWM	45.00
9	Galasso, Mike	30	DDP-12	50.00
10	Bamford, Sherman	51	VMST-12	58.50
11	Dunbar, Craig	53	POWM	1:00.00
12	Myers, Peter	56	POWM	1:00.00
13	Hochstein, Joshua	39	POWM	NT

**Event 18 Women 200 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	POWM	W18 A	3:30.00

**Event 19 Men 200 Yard Freestyle Relay**

	Team	Relay	Seed Time
1	POWM	M75 A	3:00.00

**Event 20 Women 100 Yard Backstroke**

	Name	Age	Team	Seed Time
1	Geroni, Deidre	25	UNAT	1:08.00
2	Hevener, Jessie E	19	POWM	1:10.00
3	Pace, Austyn C	35	POWM	1:19.66
4	Kitt, Michelle	42	POWM	1:30.00
5	Phillips, Alice	51	POWM	1:30.00
6	Paulk, Courtney	47	POWM	NT
7	Vaughan, Mason	32	UNAT	NT
8	Cook, Amy	49	WWMS-SI	NT

**Event 21 Men 100 Yard Backstroke**

	Name	Age	Team	Seed Time
1	Limkemann, Eric	34	POWM	1:00.00
2	Sushkoff, George	51	UNAT	1:08.00
3	Franceschini, Kevin	51	UNAT	1:10.00
4	Dash, Randy	41	POWM	1:15.00
5	Hochstein, Joshua	39	POWM	1:23.55
6	Lilley, Brian	35	POWM	1:45.00
7	Bamford, Sherman	51	VMST-12	1:55.00
8	Dunbar, Craig	53	POWM	2:15.00
9	Klammer, Manny	66	POWM	NT

**Event 22 Women 100 Yard Breaststroke**

	Name	Age	Team	Seed Time
1	Hevener, Jessie E	19	POWM	1:15.00
2	Kitt, Michelle	42	POWM	1:30.00
3	Cook, Amy	49	WWMS-SI	1:31.60
4	Pace, Austyn C	35	POWM	1:35.17
5	Phillips, Alice	51	POWM	1:40.00
6	Vaughan, Mason	32	UNAT	NT

**Event 23 Men 100 Yard Breaststroke**

	Name	Age	Team	Seed Time
1	Limkemann, Eric	34	POWM	1:10.00
2	Sushkoff, George	51	UNAT	1:14.00
3	Wetzel, Eric E	31	UNAT	1:15.00
4	Dash, Randy	41	POWM	1:20.00
5	Dunbar, Craig	53	POWM	2:00.00
6	Hochstein, Joshua	39	POWM	NT
7	Klammer, Manny	66	POWM	NT

**Event 24 Women 50 Yard Butterfly**

	Name	Age	Team	Seed Time
1	Geroni, Deidre	25	UNAT	29.00
2	Dudley, Mariah V	29	VMST-12	30.67
3	Hevener, Jessie E	19	POWM	31.64
4	Brink, Opal E	21	QMST-12	35.00
5	Pace, Austyn C	35	POWM	37.91
6	Dalton, Alicia	47	UNAT	38.00
7	Kitt, Michelle	42	POWM	45.00
8	Phillips, Alice	51	POWM	50.00
9	Turner, Jenna	37	TMAS-12	54.16
10	Herman, Heather F	34	POWM	1:15.00
11	Vaughan, Mason	32	UNAT	NT
12	Cook, Amy	49	WWMS-SI	NT

**Event 25 Men 50 Yard Butterfly**

	Name	Age	Team	Seed Time
1	Holsten, Brent	45	VMST-12	25.00
2	Limkemann, Eric	34	POWM	26.00
3	Dash, Randy	41	POWM	30.00
4	Sushkoff, George	51	UNAT	30.00
5	Franceschini, Kevin	51	UNAT	30.80
6	Galasso, Mike	30	DDP-12	35.00
7	Michael, Wythe	49	POWM	35.00
8	Bamford, Sherman	51	VMST-12	44.00
9	Dunbar, Craig	53	POWM	1:00.00
10	Hochstein, Joshua	39	POWM	NT

**Event 26 Mixed 400 Yard JINGLE BELL RELAY Relay**

	Team	Relay	Seed Time
---	No entries for this event		